

Lalbagh SF Express/12608 - SF - SWR
BWT/Bangarapet Junction to MAS/MGR Chennai Central
4h 51m - 289 km - 8 halts - Departs Daily

| # | Code | Station Name | Arrives | Avg | Depart s | Avg | Halt | PF | Day | Km | Spd | Elv | Zone |
|-----------|------------|---|--------------|-----|--------------|-----|------|-----|-----|-----|-----|-----|------|
| 1 | SBC | KSR Bengaluru City Junction (Bangalore) | | | 06:25 | | | 1 | 1 | 0 | 26 | 897 | SWR |
| 2 | BNC | Bengaluru Cantt. (Bangalore) | 06:35 | | 06:37 | | 2m | 2 | 1 | 4 | 47 | 920 | SWR |
| 3 | KJM | Krishnarajapuram | 06:49 | | 06:50 | | 1m | 2 | 1 | 14 | 89 | 904 | SWR |
| 4 | BWT | Bangarapet Junction | 07:28 | | 07:29 | | 1m | 4 | 1 | 70 | 82 | 810 | SWR |
| 5 | KPN | Kuppam | 07:54 | | 07:55 | | 1m | 1 | 1 | 104 | 57 | 682 | SWR |
| 6 | JTJ | Jolarpettai Junction | 08:38 | | 08:40 | | 2m | 3,4 | 1 | 145 | 78 | 400 | SR |
| 7 | AB | Ambur | 09:05 | | 09:07 | | 2m | 2 | 1 | 177 | 76 | 332 | SR |
| 8 | KPD | Katpadi Junction | 09:48 | | 09:50 | | 2m | 2 | 1 | 229 | 78 | 215 | SR |
| 9 | WJR | Walajah Road Junction | 10:09 | | 10:10 | | 1m | 2 | 1 | 254 | 69 | 176 | SR |
| 10 | SHU | Sholinghur | 10:23 | | 10:25 | | 2m | 2 | 1 | 269 | 71 | 129 | SR |
| 11 | AJJ | Arakkonam Junction | 10:43 | | 10:45 | | 2m | 2 | 1 | 290 | 79 | 85 | SR |
| 12 | PER | Perambur | 11:33 | | 11:35 | | 2m | 1 | 1 | 354 | 7 | 7 | SR |
| 13 | MAS | MGR Chennai Central | 12:20 | | | | | 8 | 1 | 359 | - | 3 | SR |